

Conversation Guide

Bullying pt. 4

Part 4 summary

- It's essential that we distinguish between people's behavior and their identities.
- Christ empowers us to see those who bully as victims of evil so that we can work toward not internalizing their hurtful words and behavior.
- We need to practice healthy conflict resolution and accountability. Reconciliation might not be possible, but forgiveness is and will set us free from bitterness.

1. Pain and Significance
2. Attacking the Image
3. Revenge
4. **Rehabilitation**

Discussion questions

01 Why is it harmful to label someone a "bully"?

02 Do you find it hard not to internalize negative words? What could you do to become more resilient when people attack you?

03 What's the difference between reconciliation and forgiveness?

Diving deeper

Col. 3:12-13 says, "Put on then, as God's chosen ones, holy and beloved, compassionate hearts...bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive." Why is it that we have no excuse not to forgive someone who sins against us? Even though it feels like we're giving something up, how do we actually gain freedom through forgiveness?