

Conversation Guide

Suicide

Feature
Presentation

Part
04

The decision has already been made by our Creator. Our life is worth living because he commands it to be lived.

Summary

Many people who have contemplated suicide and decided against it have gone on to live very fulfilling lives. A key predictor of suicide is knowing a suicide; but if suicide contagion exists, so does anti-suicide contagion. One person's decision to stay can be just as contagious as a decision to leave. True meaning comes from seeing our lives from an eternal perspective, and when we do that, we see that what we do in this life has meaning because it will be evaluated by God, who promises to restore us, and make us "strong, firm, and steadfast."

Reflect, Discuss, and Share

01 In talking about Josephus, Allison made the point that "we never know exactly where we are in our own life story." What do you think she meant by that?

02 Was there anything that surprised you from the discussion about suicide contagion? Why or why not?

03 What other passages from scripture have helped you personally to see that your life on this earth is worth living? Consider sharing some of those passages with your teen(s).

Discuss!

Think about this!

Be Vulnerable!

"The Lord makes firm the steps of the one who delights in Him; though he may stumble, he will not fall, for the Lord upholds him with His hand."

Psalms 37:23-24



Do some research for a competent Christian counselor in your town, either for yourself in case of someone else. And if you refer them, do your best to appear non-judgmental.



We have chosen to mainly focus on *this* life, as opposed to what may happen in the next. However, here is Dr. Ravi Zacharias's response to a question about suicide and Hell. https://www.youtube.com/watch?v=c_WR_WJWONo